

District	Menu Name	Week of	Meal Session	Grade Range	Menu Status
Rockcastle	Week 3	8/21/2016 - 8/27/2016	Breakfast	Grades K - 5	Not Submitted

Weekly Component Statistics

	Fruit/Veg.	Grains	M/MA-Grain	Total Grains	M/MA-Extra	Milk
Regulation	5 cups			7 oz servings - 10 oz servings		5 cups
Menu Actuals	9.5 cups	10 oz servings	2 oz servings	10 oz servings - 17.5 oz servings		5 cups
Regulation Min Met	Yes			Yes		Yes
Regulation Max Met	---	---	---	No	---	---

Weekly Nutrient Statistics

	Avg. Calories	Avg. % Sat. Fat	Sodium Avg.
Regulation	350 - 500 kcal	< 10%	≤ 540 mg
Menu Actuals	443 kcal	5.35%	553 mg
Regulation Met	Yes	Yes	No

* As per the USDA policy memo regarding the flexibility with the meat/meat alternates and grains requirement, there will be no penalty for exceeding the maximum.

Weekly Subgroups of Vegetables Served

	Dark Green	Red/Orange	Beans/Peas	Starchy	Other Vegetable	Additional Veg. to Reach Total
Menu Actuals						
Regulation Met?				Yes		

Weekly Whole Grains, Milk Served

Regulation	Menu Actuals	Regulation Met?
100% of Grains Servings must be Whole Grain- Rich	100%	Yes
A variety of milk types are served	Served	Yes
Cannot serve Low-fat (1%), flavored	Not Served	Yes
Cannot serve Reduced fat (2% fat) or whole, unflavored and flavored	Not Served	Yes

NOTE: The information, layouts, methods and other subject matter ('Proprietary Material') in this report are confidential and proprietary to inTEAM Associates, LLC and may not be disclosed, delivered or distributed to any person other than Rockcastle or to a federal, state or local authority in connection with reviews required by applicable law ('Government Review'). In consideration of its disclosure or delivery to any person, such person agrees not to reproduce, revise, redistribute, reverse engineer or otherwise exploit any such Proprietary Material, except for and to the limited extent required to conduct such Government Review.

Summary for Monday, August 22, 2016

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1.5 cups	2 oz	1 cup	1 oz	Data Missing	427 kcal	2.51%	602 mg
Regulation Met?	Yes	Yes	Yes					

Detail for Monday, August 22, 2016

Total Feeding Figure: 170

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Honey Nut Cheerios	Honey Nut Cheerios (28 g)		Vendor	10			110	0	160
Whole Grain-Rich Grains	~ Honey Nut Cheerios	Honey Nut Cheerios (28 g)	General Mills 509396	Vendor	10	1	oz eq.			
Recipe - Entree	Cocoa Puffs	Cocoa Puffs (30 g)		Vendor	50			110	0	160
Whole Grain-Rich Grains	~ Cocoa Puffs	Cocoa Puffs (30 g)	General Mills 270401	Vendor	50	1	oz eq.			
Recipe - Entree	Chicken Sliders	Chicken Sliders (2 Sliders)		Vendor	95			270	1.5	580
Meat/Meat Alternate - Grain	~ Chicken Sliders	Chicken Pattie (2) (81 g)	Tyson 645080 CN Label	Vendor	95	2	oz eq.			
Whole Grain-Rich Grains	~ Chicken Sliders	Buns (2) (76 g)	GFS 676171	Vendor	95	2	oz eq.			
Recipe - Entree	Yogurt/Granola	Yogurt/Granola (2 oz)		Vendor	15			220	0.5	125
Meat/Meat Alternate - Grain	~ Yogurt/Granola	Yogurt (4 oz)	Trix 551760	Vendor	15	1	oz eq.			
Whole Grain-Rich Grains	~ Yogurt/Granola	Granola (1 oz)	Fieldstone 649742	Vendor	15	1	oz eq.			
Whole Grain-Rich Grains		Toast (28 g)	Sara Lee 3239	Vendor	60	1	oz eq.	70	0	120
Fruits		Pineapple Chunks (1/2 C)	GFS 189952	Vendor	40	0.5	cup	40	0	0

Detail for Monday, August 22, 2016

Total Feeding Figure: 170

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)	
Fruits		Oranges (1 med)	Hill Top	Local	40	0.5	cup	54	0	2	
Fruit Juice		100% Apple Juice (4 oz)	Suncup 135440	Vendor	50	0.5	cup	50	0	10	
Fruit Juice		100% Orange Juice (4 oz)	Suncup 135450	Vendor	25	0.5	cup	60	0	0	
Fruit Juice		100% Grape Juice (4 oz)	Suncup 135460	Vendor	65	0.5	cup	80	0	20	
Condiments		Assorted Jelly (.38 oz)	Smuckers 301248	Vendor	20	0	oz eq.	35	0	0	
Milk Skim/fat-free, flavored		FF Chocolate Milk (8 oz)	Prairie Farms	Vendor	80	1	cup	110	0	180	
Milk Skim/fat-free, flavored		FF Strawberry Milk (8 oz)	Prairie Farms	Vendor	25	1	cup	120	0	120	
Milk Skim/fat-free, flavored		FF Vanilla Milk (8 oz)	Prairie Farms	Vendor	30	1	cup	130	0	170	
Milk Low-fat (1%), unflavored		LF Milk White (8 oz)	Prairie Farms	Vendor	35	1	cup	100	1.5	120	
Meat/Meat Alternate - Grains		M/MA-Grains Minimum Offered in Place of Grains					1	oz eq.			
Vegetable Incl. Juice		Vegetable Including Juice Minimum Offered						cup			
Vegetable Juice		Vegetable Juice Maximum Offered						cup			
Fruit Incl. Juice		Fruit Including Juice Minimum Offered					1.5	cup			
Fruit Juice		Fruit Juice Maximum Offered					0.5	cup			
Fruit Incl. Juice		Fruit Including Juice Maximum Offered					1.5	cup			
Vegetable Incl. Juice		Vegetable Including Juice Maximum Offered						cup			

Summary for Tuesday, August 23, 2016

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1.5 cups	2 oz	1 cup	Data Missing	Data Missing	452 kcal	8.85%	726 mg
Regulation Met?	Yes	Yes	Yes					

Detail for Tuesday, August 23, 2016

Total Feeding Figure: 185

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Bacon, Egg, Cheese Biscuit	Bacon, Egg, Cheese Biscuit (1 sandwich)		Vendor	80			365	9.25	1060
Meat/Meat Alternate - Extra	~ Bacon, Egg, Cheese Biscuit	Bacon (2 sl)	GFS 364622	Vendor	80	0.5	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon, Egg, Cheese Biscuit	Cheese (1 oz)	GFS 722360 or Commodity	Vendor	80	1	oz eq.			
Meat/Meat Alternate - Extra	~ Bacon, Egg, Cheese Biscuit	Egg Patty (1 patty)	GFS 741320	Vendor	80	1	oz eq.			
Whole Grain-Rich Grains	~ Bacon, Egg, Cheese Biscuit	Biscuit (1 biscuit)	GFS 126962	Vendor	80	2	oz eq.			
Recipe - Entree	Frosted Flakes	Frosted Flakes (28g)		Vendor	45			100	0	160
Whole Grain-Rich Grains	~ Frosted Flakes	Frosted Flakes (28 g)	Kellogg's 388190	Vendor	45	1	oz eq.			
Recipe - Entree	Froot Loops	Froot Loops (28 g)		Vendor	45			110	0.5	170
Whole Grain-Rich Grains	~ Froot Loops	Froot Loops (28 g)	Kellogg's 283620	Vendor	45	1	oz eq.			
Recipe - Entree	Yogurt/Granola	Yogurt/Granola (2 oz)		Vendor	15			220	0.5	125
Meat/Meat Alternate - Grain	~ Yogurt/Granola	Yogurt (4 oz)	Trix 551760	Vendor	15	1	oz eq.			
Whole Grain-Rich Grains	~ Yogurt/Granola	Granola (1 oz)	Fieldstone 649742	Vendor	15	1	oz eq.			

Detail for Tuesday, August 23, 2016

Total Feeding Figure: 185

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Whole Grain-Rich Grains		Toast (28 g)	Sara Lee 3239	Vendor	10	1	oz eq.	70	0	120
Fruits		Applesauce (1/2 C)	GFS	Vendor	40	0.5	cup	90	0	10
Fruits		Grapes (1/2 C)	Hill Top Produce	Vendor	90	0.5	cup	62	0	2
Fruit Juice		100% Apple Juice (4 oz)	Suncup 135440	Vendor	55	0.5	cup	50	0	10
Fruit Juice		100% Orange Juice (4 oz)	Suncup 135450	Vendor	40	0.5	cup	60	0	0
Fruit Juice		100% Grape Juice (4 oz)	Suncup 135460	Vendor	70	0.5	cup	80	0	20
Condiments		Assorted Jelly (.38 oz)	Smuckers 301248	Vendor	5	0	oz eq.	35	0	0
Milk Skim/fat-free, flavored		FF Chocolate Milk (8 oz)	Prairie Farms	Vendor	90	1	cup	110	0	180
Milk Skim/fat-free, flavored		FF Strawberry Milk (8 oz)	Prairie Farms	Vendor	30	1	cup	120	0	120
Milk Skim/fat-free, flavored		FF Vanilla Milk (8 oz)	Prairie Farms	Vendor	30	1	cup	130	0	170
Milk Low-fat (1%), unflavored		LF Milk White (8 oz)	Prairie Farms	Vendor	35	1	cup	100	1.5	120
Meat/Meat Alternate - Grains		M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.			
Vegetable Incl. Juice		Vegetable Including Juice Minimum Offered					cup			
Vegetable Juice		Vegetable Juice Maximum Offered					cup			
Fruit Incl. Juice		Fruit Including Juice Minimum Offered				1.5	cup			
Fruit Juice		Fruit Juice Maximum Offered				0.5	cup			
Fruit Incl. Juice		Fruit Including Juice Maximum Offered				1.5	cup			
Vegetable Incl. Juice		Vegetable Including Juice Maximum Offered					cup			

Summary for Wednesday, August 24, 2016

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	2 cups	2 oz	1 cup	Data Missing	Data Missing	457 kcal	6.65%	451 mg
Regulation Met?	Yes	Yes	Yes					

Detail for Wednesday, August 24, 2016

Total Feeding Figure: 185

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Chocolate Mini Donuts	Chocolate Mini Donuts (3 oz.)	GFS 738181	Vendor	50			300	8	290
Whole Grain-Rich Grains	~ Chocolate Mini Donuts	Chocolate Mini Donuts (3 oz.)	GFS 738181	Vendor	50	2	oz eq.			
Recipe - Entree	Powdered Sugar Mini Donuts	Powdered Sugar Mini Donuts (3 oz.)		Vendor	50			280	3	290
Whole Grain-Rich Grains	~ Powdered Sugar Mini Donuts	Powdered Sugar Mini Donuts	GFS 738201	Local	50	2	oz eq.			
Recipe - Entree	Honey Nut Cheerios	Honey Nut Cheerios (28 g)	GFS 509396	Vendor	30			110	0	160
Whole Grain-Rich Grains	~ Honey Nut Cheerios	Honey Nut Cheerios (28 g)	General Mills 509396	Vendor	30	1	oz eq.			
Recipe - Entree	Yogurt/Granola	Yogurt/Granola (2 oz)		Vendor	15			220	0.5	125
Meat/Meat Alternate - Grain	~ Yogurt/Granola	Yogurt (4 oz)	Trix 551760	Vendor	15	1	oz eq.			
Whole Grain-Rich Grains	~ Yogurt/Granola	Granola (1 oz)	Fieldstone 649742	Vendor	15	1	oz eq.			
Recipe - Entree	Lucky Charms	Lucky Charms (28 g)		Vendor	40			110	0	180
Whole Grain-Rich Grains	~ Lucky Charms	Lucky Charms (28 g)	General Mills 265811	Vendor	40	1	oz eq.			
Whole Grain-Rich Grains		Toast (28 g)	Sara Lee 3239	Vendor	80	1	oz eq.	70	0	120

Detail for Wednesday, August 24, 2016

Total Feeding Figure: 185

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Fruits		Peaches (1/2 C)	GFS 224448	Local	60	0.5	cup	70	0	10
Fruits		Apple (1 C)	Hill Top Produce	Vendor	60	1	cup	65	0	1
Fruit Juice		100% Apple Juice (4 oz)	Suncup 135440	Vendor	60	0.5	cup	50	0	10
Fruit Juice		100% Orange Juice (4 oz)	Suncup 135450	Vendor	18	0.5	cup	60	0	0
Fruit Juice		100% Grape Juice (4 oz)	Suncup 135460	Vendor	64	0.5	cup	80	0	20
Condiments		Assorted Jelly (.38 oz)	Smuckers 301248	Vendor	25	0	oz eq.	35	0	0
Milk Skim/fat-free, flavored		FF Chocolate Milk (8 oz)	Prairie Farms	Vendor	80	1	cup	110	0	180
Milk Skim/fat-free, flavored		FF Strawberry Milk (8 oz)	Prairie Farms	Vendor	30	1	cup	120	0	120
Milk Skim/fat-free, flavored		FF Vanilla Milk (8 oz)	Prairie Farms	Vendor	30	1	cup	130	0	170
Milk Low-fat (1%), unflavored		LF Milk White (8 oz)	Prairie Farms	Vendor	45	1	cup	100	1.5	120
Meat/Meat Alternate - Grains		M/MA-Grains Minimum Offered in Place of Grains				0	oz eq.			
Vegetable Incl. Juice		Vegetable Including Juice Minimum Offered					cup			
Vegetable Juice		Vegetable Juice Maximum Offered					cup			
Fruit Incl. Juice		Fruit Including Juice Minimum Offered				2	cup			
Fruit Juice		Fruit Juice Maximum Offered				0.5	cup			
Fruit Incl. Juice		Fruit Including Juice Maximum Offered				2	cup			
Vegetable Incl. Juice		Vegetable Including Juice Maximum Offered					cup			

Summary for Thursday, August 25, 2016

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	1.5 cups	2 oz	1 cup	1 oz	Data Missing	425 kcal	2.93%	506 mg
Regulation Met?	Yes	Yes	Yes					

Detail for Thursday, August 25, 2016

Total Feeding Figure: 160

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Breakfast Pizza CN Label	Breakfast Pizza CN Label (3.31 oz)	Tony's 160432	Vendor	70			220	2	480
Meat/Meat Alternate - Grain	~ Breakfast Pizza CN Label	Turkey sausage (1 oz)	Tony's 160432	Vendor	70	1	oz eq.			
Whole Grain-Rich Grains	~ Breakfast Pizza CN Label	Bread (1.5 servings)	Tony's 160432	Vendor	70	1.5	oz eq.			
Recipe - Entree	Cocoa Puffs	Cocoa Puffs (30 g)		Vendor	40			110	0	160
Whole Grain-Rich Grains	~ Cocoa Puffs	Cocoa Puffs (30 g)	General Mills 270401	Vendor	40	1	oz eq.			
Recipe - Entree	Froot Loops	Froot Loops (28 g)		Vendor	30			110	0.5	170
Whole Grain-Rich Grains	~ Froot Loops	Froot Loops (28 g)	Kellogg's 283620	Vendor	30	1	oz eq.			
Recipe - Entree	Yogurt/Granola	Yogurt/Granola (2 oz)		Vendor	20			220	0.5	125
Meat/Meat Alternate - Grain	~ Yogurt/Granola	Yogurt (4 oz)	Trix 551760	Vendor	20	1	oz eq.			
Whole Grain-Rich Grains	~ Yogurt/Granola	Granola (1 oz)	Fieldstone 649742	Vendor	20	1	oz eq.			
Whole Grain-Rich Grains		Toast (28 g)	Sara Lee 3239	Vendor	50	1	oz eq.	70	0	120
Fruits		Mandarin Oranges (1/2 C)	GFS	Vendor	60	0.5	cup	90	0	10

Detail for Thursday, August 25, 2016

Total Feeding Figure: 160

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Fruits		Banana (1 Med.)	Hill Top 7-7 7/8" long	Local	30	0.5	cup	105	0.39	1
Fruit Juice		100% Apple Juice (4 oz)	Suncup 135440	Vendor	60	0.5	cup	50	0	10
Fruit Juice		100% Orange Juice (4 oz)	Suncup 135450	Vendor	35	0.5	cup	60	0	0
Fruit Juice		100% Grape Juice (4 oz)	Suncup 135460	Vendor	60	0.5	cup	80	0	20
Condiments		Assorted Jelly (.38oz)	Smuckers 301248	Vendor	15	0	oz eq.	35	0	0
Milk Skim/fat-free, flavored		FF Chocolate Milk (8 oz)	Prairie Farms	Vendor	75	1	cup	110	0	180
Milk Skim/fat-free, flavored		FF Strawberry Milk (8 oz)	Prairie Farms	Vendor	30	1	cup	120	0	120
Milk Skim/fat-free, flavored		FF Vanilla Milk (8 oz)	Prairie Farms	Vendor	25	1	cup	130	0	170
Milk Low-fat (1%), unflavored		LF Milk White (8 oz)	Prairie Farms	Vendor	30	1	cup	100	1.5	120
Meat/Meat Alternate - Grains		M/MA-Grains Minimum Offered in Place of Grains				1	oz eq.			
Vegetable Incl. Juice		Vegetable Including Juice Minimum Offered					cup			
Vegetable Juice		Vegetable Juice Maximum Offered				0	cup			
Fruit Incl. Juice		Fruit Including Juice Minimum Offered				1.5	cup			
Fruit Juice		Fruit Juice Maximum Offered				0.5	cup			
Fruit Incl. Juice		Fruit Including Juice Maximum Offered				1.5	cup			
Vegetable Incl. Juice		Vegetable Including Juice Maximum Offered					cup			

Summary for Friday, August 26, 2016

Daily Minimum Meal Component and Daily Nutrient Statistics - Breakfast

	Fruit / Veg.	Grains	Milk	M/MA-Grain	M/MA-Extra	Calories	% Sat. Fat	Sodium
Regulation Minimum	1 cup	1 oz	1 cup					
Menu Actuals	3 cups	2 oz	1 cup	Data Missing	Data Missing	451 kcal	4.88%	458 mg
Regulation Met?	Yes	Yes	Yes					

Detail for Friday, August 26, 2016

Total Feeding Figure: 150

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Recipe - Entree	Pancake Porky	Pancake Porky (1 stick)	GFS 497202	Local	70			240	4.5	360
Meat/Meat Alternate - Grain	~ Pancake Porky	Sausage (1 oz)		Vendor	70	1	oz eq.			
Whole Grain-Rich Grains	~ Pancake Porky	Batter (1 oz)		Vendor	70	1	oz eq.			
Recipe - Entree	Frosted Flakes	Frosted Flakes (28 g)		Vendor	25			100	0	160
Whole Grain-Rich Grains	~ Frosted Flakes	Frosted Flakes (28 g)	Kellogg's 388190	Vendor	25	1	oz eq.			
Recipe - Entree	Yogurt/Granola	Yogurt/Granola (2 oz)		Vendor	15			220	0.5	125
Meat/Meat Alternate - Grain	~ Yogurt/Granola	Yogurt (4 oz)	Trix 551760	Vendor	15	1	oz eq.			
Whole Grain-Rich Grains	~ Yogurt/Granola	Granola (1 oz)	Fieldstone 649742	Vendor	15	1	oz eq.			
Recipe - Entree	Lucky Charms	Lucky Charms (28 g)		Vendor	40			110	0	180
Whole Grain-Rich Grains	~ Lucky Charms	Lucky Charms (28 g)	General Mills 265811	Vendor	40	1	oz eq.			
Whole Grain-Rich Grains		Toast (28 g)	Sara Lee 3239	Vendor	45	1	oz eq.	70	0	120
Fruits		Mandarin Oranges	GFS 152811	Vendor	30	0.5	cup	90	0	10

Detail for Friday, August 26, 2016

Total Feeding Figure: 150

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Fruits		Pineapple Chunks (1/2 C)	GFS 189952	Vendor	20	0.5	cup	40	0	0
Fruits		Grapes	Hill Top	Local	65	0.5	cup	62	0	2
Fruits		Oranges (1 med)	Hill Top	Local	10	0.5	cup	54	0	2
Fruit Juice		100% Apple Juice (4 oz)	Suncup 135440	Vendor	30	0.5	cup	50	0	10
Fruit Juice		100% Orange Juice (4 oz)	Suncup 135450	Vendor	20	0.5	cup	60	0	0
Fruit Juice		100% Grape Juice (4 oz)	Suncup 135460	Vendor	25	0.5	cup	80	0	20
Condiments		Syrup (1.5 oz)	GFS 160090	Vendor	60	0	oz eq.	120	0	0
Condiments		Assorted Jelly (.38 oz)	Smuckers 301248	Vendor	20	0	oz eq.	35	0	0
Milk Skim/fat-free, flavored		FF Chocolate Milk (8 oz)	Prairie Farms	Vendor	75	1	cup	110	0	180
Milk Skim/fat-free, flavored		FF Strawberry Milk (8 oz)	Prairie Farms	Vendor	20	1	cup	120	0	120
Milk Skim/fat-free, flavored		FF Vanilla Milk (8 oz)	Prairie Farms	Vendor	25	1	cup	130	0	170
Milk Low-fat (1%), unflavored		LF Milk White (8 oz)	Prairie Farms	Vendor	30	1	cup	100	1.5	120
Meat/Meat Alternate - Grains		M/MA-Grains Minimum Offered in Place of Grains					0	oz eq.		
Vegetable Incl. Juice		Vegetable Including Juice Minimum Offered						cup		
Vegetable Juice		Vegetable Juice Maximum Offered						cup		
Fruit Incl. Juice		Fruit Including Juice Minimum Offered					3	cup		
Fruit Juice		Fruit Juice Maximum Offered					0.5	cup		
Fruit Incl. Juice		Fruit Including Juice Maximum Offered					3	cup		

Detail for Friday, August 26, 2016

Total Feeding Figure: 150

Meal Component	Recipe or Combo	Menu Item (Actual Portion Size)	Recipe # or Product Name and Code	Source	Planned # of Servings	Creditable Portion Size	Unit of Measure	Calories (1 srv.)	Sat. Fat (1 srv.)	Sodium (1 srv.)
Vegetable Incl. Juice		Vegetable Including Juice Maximum Offered					cup			

Attestation of Compliance with Meal Pattern Requirements

I, , as the duly authorized representative of **Rockcastle**, do hereby attest that the aforementioned SFA and all schools under its jurisdiction operating the National School Lunch Program authorized under the Richard B. Russell National School Lunch Act (42 U.S.C. 1751 et seq), and/or the School Breakfast Program authorized under the Child Nutrition Act of 1966 (42 U.S.C. 1773), are in compliance with the meal pattern requirements in effect for School Year 2012-2013, as set forth in 7 CFR Part 210.10 and 220.23, as applicable. In addition, for School Year 2016-2017, **Rockcastle** attests that:

- Documentation submitted for certification is representative of the ongoing meal service within the SFA;
- The minimum required food quantities for all meal components are available to students in every serving line;
- All labels and/or manufacturer specifications for food products and ingredients used to prepare school meals indicate zero grams of trans fat per serving;
- The minimum calories required for breakfasts served under the Food Based Menu Planning option are offered and available to every student, as applicable; and
- All Pre – K meals are compliant with the current meal patterns for the age/grade group being served, as applicable.

I certify that this attestation is true and correct, and therefore, I believe **Rockcastle** is eligible for the performance-based reimbursement.

I understand that if the State agency determines the SFA to be noncompliant with one or more of the requirements set forth in this attestation statement, fiscal action will include, deactivating the performance-based reimbursement, disallowance of meals, and/or withholding of payment. In addition, I understand that an attestation of compliance must be submitted annually to the State agency prior to July 1 of each year through the School Year beginning July 1, 2014, to attest full compliance with the subsequent year meal pattern requirements.

School Food Authority

Submitted By:

State Agency

Received By: