

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



Mini Chicken Sliders **5**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Cocoa Puffs  
 Toast  
 Fruit  
 Juice, Milk

Sausage Biscuit **6**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Cinnamon Toast Crunch  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Muffins **7**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Lucky Charms  
 Toast  
 Fruit  
 Juice, Milk

Breakfast Pizza **1**  
 Granola  
 Vanilla or Strawberry Yogurt  
 Cocoa Puffs  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Gravy & Biscuit **2**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Lucky Charms  
 Cinnamon Toast Crunch  
 Toast  
 Fruit  
 Juice, Milk

Pancake Porky **12**  
 Syrup  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Cocoa Puffs  
 Toast  
 Fruit, Juice, Milk

Ham, Egg, & Cheese Slider **13**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Cinnamon Toast Crunch  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Mini Donuts **14**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Lucky Charms  
 Toast  
 Fruit  
 Juice, Milk

Breakfast Pizza **15**  
 Granola  
 Vanilla or Strawberry Yogurt  
 Cocoa Puffs  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Oatmeal **16**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Lucky Charms  
 Cinnamon Toast Crunch  
 Toast  
 Fruit  
 Juice, Milk

Mini Chicken Sliders **19**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Cocoa Puffs  
 Toast  
 Fruit  
 Juice, Milk

Bacon, Egg, & Cheese Biscuit **20**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Cinnamon Toast Crunch  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Blueberry Bagel **21**  
 Cream Cheese  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Lucky Charms  
 Toast  
 Fruit, Juice, Milk

Breakfast Pizza **22**  
 Granola  
 Vanilla or Strawberry Yogurt  
 Cocoa Puffs  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Glazed Donut **23**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Lucky Charms  
 Cinnamon Toast Crunch  
 Toast  
 Fruit  
 Juice, Milk

Pancake Porky **26**  
 Syrup  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Cocoa Puffs  
 Toast  
 Fruit, Juice, Milk

Sausage, Egg & Cheese Biscuit **27**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Cinnamon Toast Crunch  
 Froot Loops  
 Toast  
 Fruit  
 Juice, Milk

Pop-Tart **28**  
 Vanilla or Strawberry Yogurt  
 Granola  
 Honey Nut Cheerios  
 Lucky Charms  
 Toast  
 Fruit  
 Juice, Milk



**Milk choices are unflavored, chocolate, strawberry and vanilla.**

This menu is subject to change based on vendor availability, commodities received, inclement weather, etc.  
 Updated menus are available at [rockcastle.kyschools.us/breakfast-lunch-menu/](http://rockcastle.kyschools.us/breakfast-lunch-menu/)  
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