

Monday

Tuesday

Wednesday

Thursday

Friday

1

*Manager's
Choice*

2

Grilled Chicken Nuggets
 Mashed Potatoes,
 Green Beans, Roll,
 Fruit, Milk

5

Honey Crunch Corn Dog
 Mac & Cheese, Tater Tots,
 Fruit, Sunbelievable Slushy,
 Milk

6

Rocket Cheeseburger
 Fries, Lettuce, Tomato,
 Onion, Pickles, Baked Beans,
 Fruit, Milk

7

Popcorn Chicken
 Roll, Mashed Potatoes,
 Glazed Carrots, Fruit, Milk

8

**Chicken Noodle Soup
and Grilled Cheese**
 Crackers, Celery & Carrot Cup,
 Fruit, Milk

9

Spaghetti and Meat Sauce
 Breadstick, Side Salad,
 Mozzarella Cheese,
 Green Beans, Fruit, Milk

12

Pepperoni Pizza
 Broccoli & Cauliflower Cup,
 Corn, Assorted Pudding,
 Fruit, Milk

13

Chicken Soft Tacos
 Lettuce, Salsa, Shredded
 Cheese, Spanish Rice, Refried
 Beans, Fruit, Milk

14

**Oven-Fried
Chicken Drumstick**
 Mashed Potatoes, Sweet Peas,
 Cornbread, Fruit, Milk

15

Chili & Grilled Cheese
 Oyster Crackers, Shredded
 Cheese, Celery & Carrot Cup,
 Fruit, Milk

16

Turkey & Cheese Sub
 Baked Cheetos, Baked Beans,
 Pickles, Lettuce, Tomato,
 Carnival Cookie, Fruit, Milk

19

**Cheesy Pepperoni
Personal Pizza**
 Romaine Salad, Corn, Frozen
 Sorbet Cup, Fruit, Milk

20

Crispy Chicken Sandwich
 Seasoned Potato Wedges,
 Lettuce, Tomato, Pickles,
 Baked Beans, Fruit, Milk

21

Turkey & Stuffing
 Mashed Potatoes,
 Green Beans, Yeast Roll,
 Fruit, Milk

22

**Chicken Noodle Soup
and Grilled Cheese**
 Crackers, Celery & Carrot Cup,
 Fruit, Milk

23

Roasted Hot Dog
 Onion Rings, Chili, Kraut,
 Onions, Banana Peppers,
 Baked Beans, Fruit, Milk

26

**Pizza Crunchers
with Marinara**
 Carrot Sticks, Corn,
 Fruit, Milk

27

**Hot Ham, Turkey
and Cheese on Bun**
 Tater Tots, Green Beans,
 Carnival Cookie, Fruit, Milk

28

Popcorn Chicken
 Roll, Mac & Cheese,
 Green Beans, Fruit, Milk

Milk choices are unflavored, chocolate, strawberry and vanilla.
This menu is subject to change based on vendor availability, commodities received, inclement weather, etc.
 Updated menus are available at rockcastle.kyschools.us/breakfast-lunch-menu/
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