

Monday

Tuesday

Wednesday

Thursday

Friday



1

Sausage Biscuit
 Vanilla or Strawberry Yogurt
 Granola
 Cinnamon Toast Crunch
 Froot Loops
 Toast
 Fruit
 Juice, Milk

Muffins
 Vanilla or Strawberry Yogurt
 Granola
 Honey Nut Cheerios
 Lucky Charms
 Toast
 Fruit
 Juice, Milk

Breakfast Pizza
 Granola
 Vanilla or Strawberry Yogurt
 Cocoa Puffs
 Froot Loops
 Toast
 Fruit
 Juice, Milk

French Toast Sticks, Syrup
 Vanilla or Strawberry Yogurt
 Granola
 Lucky Charms
 Cinnamon Toast Crunch
 Toast
 Fruit
 Juice, Milk

7

Pancake Porky
 Syrup
 Vanilla or Strawberry Yogurt
 Granola
 Honey Nut Cheerios
 Cocoa Puffs
 Toast
 Fruit, Juice, Milk

8

Pop Tart
 Cheese Omelet
 Vanilla or Strawberry Yogurt
 Granola
 Cinnamon Toast Crunch
 Froot Loops
 Toast, Fruit
 Juice, Milk

9

Mini Donuts
 Vanilla or Strawberry Yogurt
 Granola
 Honey Nut Cheerios
 Lucky Charms
 Toast
 Fruit
 Juice, Milk

10

Breakfast Pizza
 Granola
 Vanilla or Strawberry Yogurt
 Cocoa Puffs
 Froot Loops
 Toast
 Fruit
 Juice, Milk

11

Manager's Choice

14

Mini Chicken Sliders
 Vanilla or Strawberry Yogurt
 Granola
 Honey Nut Cheerios
 Cocoa Puffs
 Toast
 Fruit
 Juice, Milk

15

Pop Tart
 Bacon, Egg, & Cheese Boat
 Vanilla or Strawberry Yogurt
 Granola
 Cinnamon Toast Crunch
 Froot Loops
 Toast, Fruit
 Juice, Milk

16

Blueberry Bagel
 Cream Cheese
 Vanilla or Strawberry Yogurt
 Granola
 Honey Nut Cheerios
 Lucky Charms
 Toast
 Fruit, Juice, Milk

17

Breakfast Pizza
 Granola
 Vanilla or Strawberry Yogurt
 Cocoa Puffs
 Froot Loops
 Toast
 Fruit
 Juice, Milk

18

Manager's Choice

19th - Breakfast will be served on Saturday, May 19th.

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Milk choices are unflavored, chocolate, strawberry and vanilla.
 This menu is subject to change based on vendor availability, commodities received, inclement weather, etc.
 Updated menus are available at rockcastle.kyschools.us/breakfast-lunch-menu/
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